



## March / April 2017 Schedule

# JACUMBA HIKERS/WALKERS



Courtesy Day Use at Jacumba Hot Springs Spa & Resort after **every** Saturday Hike for participating hikers!

**Sat. Mar. 4**



**Ancient Juniper Forest/Bromo Seltzer Sign** - This hike is rated **EASY** to **MODERATE** with a distance of 3 miles and will take you to the Old Rock Bromo Seltzer Sign, through hidden canyons with a profusion of ancient juniper trees, old camp sites, and some morteros along the way. We will also encounter the Carrizo Creek head waters where you will see evidence of ancient waterfalls surrounded by giant boulders. Dog Friendly on a 6' Leash. Meet 8AM Jacumba Spa & Resort, 44450, Old Hwy. 80, Jacumba Hot Springs, CA 91934. *\*Please read attached Safety Tips!* Hike Leaders: Greg gregcurran@sbcglobal.net & Tammy dumptruck.01@wildblue.net

**Sat. Mar. 11**



**\*New! Cottonwood Campground/Sombrero Peak** - 9mi. round trip hike starting at Cottonwood Campground with elev. gain/loss of 1,300'. Hikers will travel mostly old jeep trails with chaparral shrubs and a pleasant strip of oak woodland along Bow Willow Creek. Hike rated **EXTREME** mostly because of the distance & bouldering to the summit. No dogs please! Hikers will meet 8AM at Jacumba Spa & Resort, 44450, Old Hwy. 80, Jacumba Hot Springs, CA 91934. *\*Please read attached Safety Tips!* Hike Leaders: Bill Pape (619) 766-4927, Mary Rajknecht 619-851-6482 & Phyllis Kenyon.

**Sat. Mar. 18**



**\*New! Table Mountains from De Anza Resort** - A fabulous 6mi. loop hike (approx. 5 hours) including a passage over the westernmost mesa in the Table Mountains plus a bonus mesa, and a meander over varied terrain enjoying panoramic scenery, lots of rocks (some to be climbed) and other desert delights, rated **HARD**, "cuz mesas, you know, are up there". No dogs please! Hikers will meet 8AM at Jacumba Spa & Resort, 44450, Old Hwy. 80, Jacumba Hot Springs, CA 91934. *\*Please read attached Safety Tips!* Hike Leader: Don Bacon donald\_bacon@hotmail.com

**Sat. Mar. 25**



**\*New! Meditation/Yoga & Mantra Walk** - Participants will meet at 9AM at the Jacumba Spa, 44500 Old Hwy. 80, Jacumba Hot Springs, CA 91934 and carpool to Greg's cabin. Event will start off with meditation/smudging ceremony then transition to Yoga poses facing Table Mountain followed by a 2 mile mantra walk ending with a Pot-Luck luncheon. Please bring a dish to share & your yoga mat. Rated **EASY**. No dogs please! *\*Please read attached Safety Tips!* Facilitators: Greg gregcurran@sbcglobal.net & Gabby Schultz baliyogi@gmail.com

**Sat. Apr. 1**



**Desert Wild Flowers** - Hike is rated **EASY** approx. 3mi. and will take you through the dry creek beds below Table Mountain to the southwestern border of Anza Borrego State Park. Hopefully we will encounter wild flowers such as: Wild Apricot, Blooming Creosote Bush, Salton Milk-Vetch, Poppies, Mariposa Lilly, Pink Phlox, Primrose, Desert Paint Brush, Verbena, Daises, Yellow Cups and Cacti just to name a few. Dog Friendly on a 6' Leash! Hikers will meet at 8AM at the Jacumba Spa, 44500 Old Hwy. 80, Jacumba Hot Springs, CA 91934 and carpool to Greg's. *\*Please read attached Safety Tips!* Hike Leader: Greg Curran gregcurran@sbcglobal.net

**Sat. Apr. 8**



**Bow Willow-Rock House Canyon Loop** - Hikers will meet at Imperial Valley Desert Museum, 11 W. Frontage Rd., Ocotillo, CA 92259 8AM and caravan 16 miles north on S-2 to Bow Willow Campground. From the campground hikers will follow Bow Willow Canyon Wash to an arroyo that leads to the rock house and return to Bow Willow via Rockhouse Canyon. This hike is rated **HARD** due to the 7.5-mile length. No Dogs Please! Hikers should wear sturdy footwear to protect their feet from the cacti, a wide brimmed hat, carry at least 1.5 liters of water and bring snacks and a lunch. *\*Please read attached Safety Tips!* Hike leaders: Angel Somera text @ (760) 554-2423 and Mike and Nancy Rood.

**Sat. Apr. 15**



**\*New! Kitchen Creek Falls Hike** - This is a **MODERATE** hike of about 7 miles, 900'/900', on a portion of the Pacific Coast Trail, with a short scramble to the creek/falls and some up canyon exploration, conditions permitting. Added bonus: April is wildflower season in the mountains! No Dogs Please! Hikers meet 8AM - Parking is along Old Hwy. 80, a little west of the Boulder Oaks campground entrance - Take the Buckman Springs exit off I-8, drive south to Old Hwy. 80, turn east (L) and drive 2 miles. Park on slab south (right side) of the road. *\*Please read attached Safety Tips!* Hike leaders: Mary Rajknecht 619-851-6482 & Phyllis Kenyon.

**Sat. Apr. 22**



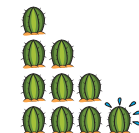
**Sage Wind Farms** - We will be visiting Ken & Ellen Woodward-Taylor (www.sagewindsandgourdfarm.com) at their certified organic white sage farm. This hike is rated **MODERATE**. We will be walking on trails and some bouldering to where we will see caves, morteros then continuing to the top of property where we will see a circle of mountains with beautifully diverse views in every direction. Smudge bundles, essential oils and tie dye clothing will be available for sale after the hike. Hikers will meet at 8AM at the Jacumba Spa, 44500 Old Hwy. 80, Jacumba Hot Springs, CA 91934 at 8AM. No Dogs Please! *\*Please read attached Safety Tips!* Hike Leaders: Bill Pape (619) 766-4927 & gregcurran@sbcglobal.net

**Sat. Apr. 29**



**Round Mountain** - This hike is rated **HARD** and will start on a dirt road to complete a 360 degree tour around the mountain base then to the uppermost peak (3,370') where you will have a splendid view of all Jacumba Valley and surrounding area. Hikers will meet 8AM at the Jacumba Spa & Resort 44450, Old Hwy. 80, Jacumba Hot Springs, CA 91934. No Dogs Please! *\*Please read attached Safety Tips!* Hike Leaders: Bill Pape (619) 766-4927 & Tammy (dumptruck.01@wildblue.net)

### Walk/Hike Legend



Easy - Mostly flat hiking/walking using a trail or path. Suitable for every member of the family.



Moderate - Suitable for all physically fit people/dogs.



Hard - Long length, substantial elevation gain and/or difficult terrain. Suitable for experienced hikers.



EXTREME - Long length, boulder climbing, difficult terrain, high elevation day long/and or over 6 mi. round trip. Expert hiking skills.

Disclaimer: Jacumba Hikers is a Private/Informal Hiking Group and assumes no responsibility or liability for harm or injury during hikes or other activities. You are solely responsible for your safety and wellbeing on any event posted. Know your LIMITS! **We leave No Hiker Behind!** Hike may be TERMINATED if a hiker cannot continue! So, again PLEASE know your Limits! You accept all risks when you RSVP or show up to participate for this event or any other event hosted by Jacumba Hikers. If you are interested in leading a hike and want to be included on the schedule contact Greg Curran (619) 459-3037 gregcurran@sbcglobal.net.