HEPATITIS A VIRUS INFECTION

COUNTY OF SAN DIEGO HHSA HEALTH AND HUMAN SERVICES AGENCY

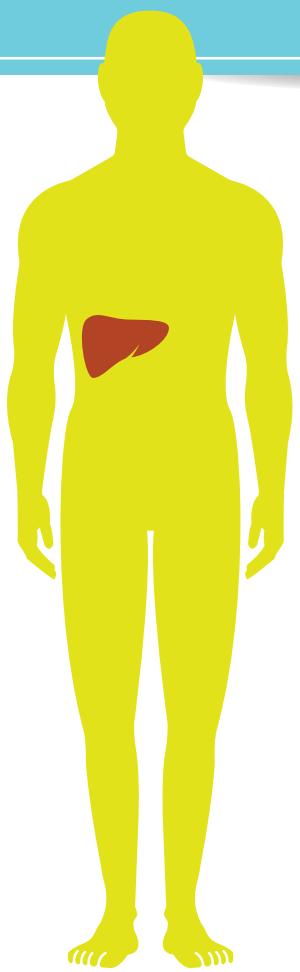
LIVE WELL SAN DIEGO

Why Should You Care About Hepatitis A?

If a person has an infection with the Hepatitis A virus, it can easily spread from person-to-person and cause liver disease lasting a few weeks to a serious illness lasting many months. In some cases, people can die because of Hepatitis A.

How Does Hepatitis A Spread?

- Touching objects or eating food that someone with Hepatitis A infection handled
- Having sex with someone who has a Hepatitis A infection



What Are the Symptoms of Hepatitis A?

Fever

Fatigue

Nausea

Loss of appetite

Jaundice (yellowing of the skin or eyes)

Stomach pain

Vomiting

Dark urine, pale stools, and diarrhea

If you think you have Hepatitis A because of these symptoms, see your doctor or visit the closest Emergency Room. Always wash your hands with soap and water after going to the bathroom and before preparing food.

How Can You Prevent Hepatitis A?

- Get two shots of the Hepatitis A vaccine
- Don't have sex with someone who has Hepatitis A infection
- Use your own towels, toothbrushes, and eating utensils
- Don't share food, drinks, or smokes with other people

For More Information

- Contact the Nurse's Line at 866-358-2966 option 5
- Dial 2-1-1 SAN DIEGO on your phone to learn where you can get Hepatitis A vaccine