



East County Magazine invites you and your friends to

TAKE THE 24-DAY CHALLENGE!

(619)219-9120

Too much holiday feasting?

Resolve to shape up in the New Year!

What do you have to lose?

Guaranteed results!

AdvoCare's program is approved by a panel of doctors and nutritional experts. AdvoCare products are used by many professional athletes, military members, and individuals who want to feel and look their best. Fitness "boot camp" and one-on-one instruction included! A personalized class can be held at your location if you have 10 or more participants.

East County Magazine will offer prizes for readers who lose the most weight in the 24-day-challenge contest, which starts January 5.

Prizes: Cash, 1-year membership in Crunch Fitness, skinny jeans from Cowgirl Bling

Call (619)219-9120 to order your 24-day challenge kit now!

